

RESOURCE	TYPE	LINK	PARENTS	CLERGY	YOUTH	MEN	WOMEN	SPOUSES
Be a Man by Larry Richards	Book			X		X		
Be Healed by Dr. Bob Schuchts	Book		X	X		X	X	
Beyond the Birds and the Bees by Greg Popcak	Book		X	X				
Boys to Men by Tim Gray and Curtis Martin	Book		X					
Breaking Free: 12 Steps to Sexual Purity by Stephen Woods	Book			X		X		
Contrary to Love: Helping the Sexual Addict by Patrick Carnes	Book			X		X	X	X
Delivered by Matt Fradd	Book		X			X	X	X
Every Man's Battle by Stephen Arterburn and Fred Stoeker	Book		X	X		X		
Every Young Man's Battle by Stephen Arterburn and Fred Stoker	Book		X	X	X			
Forged by Jason Evert and Matt Fradd	Book					X		
Good Pictures, Bad Pictures Jr: A Simple Plan to Protect Young Minds by Kristen A. Jenson	Book		X	X	X			
Good Pictures, Bad Pictures: Porn-Proofing Today's Young Kids by Kristen A. Jensen	Book		X	X	X			
Healing the Wounds of Sexual Addiction by Mark R. Laaser	Book			X		X	X	
In the Shadows of the Net by Patrick Carnes	Book			X		X	X	
Integrity Restored: Helping Catholic Families Win the Battle Against Pornography by Peter C. Kleponis, Ph.D.	Book		X	X		X	X	
Integrity Starts Here: A Catholic Approach to Restoring Sexual Integrity by Peter C. Kleponis, Ph.D.	Book			X		X	X	
Out of the Shadows by Patrick Carnes	Book			X		X	X	
Preparing your Son for Every Man's Battle by Stephen Arterburn and Fred Stoeker	Book		X	X				
Pure Eyes by Craig Gross and Steven Luff	Book			X		X	X	

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Restored: True Stories of Love and Trust After Porn by Matt Fradd	Book					X	X	X
Restoring Trust: A Couple's Guide to Getting Past Porn by Peter C. Kleponis, Ph.D.	Book					X	X	X
Shattered Vows by Debra Laaser	Book						X	X
The Porn Myth by Matt Fradd	Book		X	X		X	X	
The Pornography Epidemic: A Catholic Approach by Peter C. Kleponis, Ph.D.	Book		X	X		X	X	
The Pornography Trap by Ralph H. Earle, Jr. and Mark R. Laaser	Book		X	X		X	X	
Theology of the Body for Beginners by Christopher West	Book		X			X	X	X
TOB for Tots by Monica Ashour	Book		X					
Treating Pornography Addiction: The Essential Tools for Recovery by Dr. Kevin B. Skinner	Book			X		X	X	
Treating Trauma from Sexual Betrayal: The Essential Tools for Healing by Dr. B. Kevin Skinner	Book			X				X
Wired for Intimacy: How Pornography Hijacks the Male Brain by William M. Struthers	Book			X		X		
Wonderfully Made Babies: A Catholic Perspective on How and Why God Makes Babies by Ellen Giangiordano	Book		X		X			
Your Sexually Addicted Spouse by B. Steffens and M. Means	Book							X
Bloom for Catholic Women	Program	https://www.bloomforcatholicwomen.com/					X	X
Envision: Theology of the Body for Middle School by Ascension Press	Program	https://ascensionpress.com/	X		X			
Fortify	Program	https://www.joinfortify.com/				X	X	
Integrity Restored Coaching Circle	Program	https://www.integritycirclecoaching.com/	X	X		X	X	X
Integrity Restored Informed: Equipped individuals, families, churches, and communities	Program	https://shop.stewardshipmission.com/collections/integrity-restored/products/informed-dvd	X	X		X	X	X
Pietra Fitness	Program	https://www.pietrafitness.com/				X	X	X

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Strive	Program	https://www.strive21.com/				X		
Catholic in Recovery	Support Group	https://catholicinrecovery.com/				X	X	
Recovering Couples Anonymous	Support Group	https://recovering-couples.org/						X
S-Anon International	Support Group	https://sanon.org/				X	X	X
Sex Addicts Anonymous	Support Group	https://saa-recovery.org/				X	X	X
Sex and Love Addicts Anonymous	Support Group	https://slaafws.org/				X	X	X
Sexaholics Anonymous	Support Group	https://www.sa.org/				X	X	X
Bark	Website	https://www.bark.us/	X	X				
Betrayal Trauma to Healing and Joy	Website	https://www.betrayaltraumatohealingandjoy.com/						X
Canopy	Website	https://canopy.us/	X	X		X	X	
Catholic Psychotherapy Association	Website	https://catholicpsychotherapy.org/	X	X		X	X	X
Covenant Eyes [Use promo code INTEGRITY30 for discount]	Website	https://www.covenanteyes.com/	X	X		X	X	X
Defend Young Minds	Website	https://www.defendyoungminds.com/	X					
Enough Is Enough	Website	https://www.enough.org/	X					
Family Safe Media	Website	https://www.familySAFE.com/	X					
Fight the New Drug	Website	https://fightthenewdrug.org/		X		X	X	
Focus on the Family	Website	https://www.focusonthefamily.com/	X					
Integrity Restored	Website	https://integrityrestored.com/	X	X		X	X	X
Integrity Restored Blog Posts	Website	https://integrityrestored.com/blog-with-large-image/	X	X		X	X	X

RESOURCE	TYPE	LINK	PARENTS	CLERGY	YOUTH	MEN	WOMEN	SPOUSES
Integrity Restored Online Store	Website	https://shop.stewardshipmission.com/collections/integrity-restored	X	X		X	X	X
Integrity Restored Podcast	Website	https://integrityrestored.com/ir-podcast/	X	X		X	X	X
International Institute for Trauma & Addiction Professionals	Website	https://iitap.com/		X		X	X	X
Internet Sex Screening Test (ISST)	Website	https://integrityrestored.com/self-test-for-internet-pornography-addiction/	X	X		X	X	X
LifeStar Network	Website	https://lifestarnetwork.com/	X			X	X	X
Mass Times for Travel	Website	https://masstimes.org/	X	X		X	X	X
National Center on Sexual Exploitation	Website	https://endsexualexploitation.org/		X		X	X	
Pure Hope	Website	https://purehope.net/	X					
Setting Captives Free	Website	https://settingcaptivesfree.com/		X		X	X	
Sex Help	Website	https://sexhelp.com/		X		X	X	
The Institute for Marital Healing	Website	https://www.maritalhealing.com/						X
The United States Conference of Catholic Bishops	Website	https://www.usccb.org/	X	X	X	X	X	X
Theology of the Body Institute	Website	https://tobinstitute.org/	X	X		X	X	X

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